

## DE PAUL COLLEGE NSS UNIT



### NATIONAL SERVICE SCHEME



### **SPECIAL ANNUAL VILLAGE CAMP 2024 - 25**

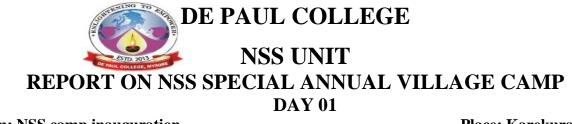
PLACE: KAREKURA VILLAGE SHRIRANGAPATTANA TALUK, MANDYA DISTRICT

# REPORT

FROM 01-03-2025 TO 07-03-2025

RV. Fr. DR. BAIJU ANTONY CM NSS COMMITTEE CHAIRMEN DE PAUL COLLEGE

Dr. LANKESH DEVAN NSS CO- PROGRAMME OFFICER DE PAUL COLLEGE Mr. AJAY M PROGRAMME OFFICER DE PAUL COLLEGE



Program: NSS camp inauguration Date: 01. 03. 2025

Place: Karekura village Time: 05: 30 PM



The NSS Special Annual Village Camp was inaugurated on 1st March 2025 at 5:30 PM in Karekura village by Chaluva Raju, President of P. Hosalli Gram Panchayat, who addressed the gathering and stressed the importance of collective efforts in rural development. The event was presided over by Rev. Father Baiju Antony CM, Principal of DE PAUL College, Mandya, who also spoke about the significance of youth engagement in community service. Chief guests included all Panchayat members and village heads of Karekura. NSS Programme Officer Ajay M. highlighted the role of NSS in promoting social responsibility among students. The camp aims to involve participants in various activities like cleanliness drives, health awareness programs, and tree planting to contribute to village development and student growth.

#### DAY-02

Program: Yoga Training Date: 02. 03. 2025

Place: Karekura village Time: 07: 00 AM



On 2nd March 2025 at 7:00 AM in Karekura village, NSS Programme Officer Ajay M. conducted a yoga training session for the NSS volunteers. The training focused on promoting physical and mental well-being among the participants.

#### **Program: Cultivation activity with villagers Date: 02. 03. 2025**

Place: Karekura village Time: 08: 30 AM



On 2nd March 2025 at 8:30 AM in Karekura village, NSS volunteers participated in a cultivation activity alongside the villagers. The activity aimed to promote teamwork and support local agricultural practices. It provided volunteers with hands-on experience in farming while fostering a deeper connection with the community. This initiative was part of the NSS camp's focus on sustainable rural development and community engagement.

#### **Program: Special lecture Place: Karekura village** Date: 02. 03. 2025 Time: 05: 30 PM Mandya, Karnataka, India Sri Nityananda Ashram Rd, Karnataka 571427, India, Mandya, Karnatak India Mandya, Karnataka 571427, India 571427 Lat 12.421758° Long 76.634947° 694° Long 76.634926° 12.42 02/03/2025 06:19 PM GMT +05:30 Mandya, Karnataka, India Sri Nityananda Ashram Rd, Karnataka 571427, India Mandya, Karnataka, India Mandva, Karnataka 571427, India 571427, India Lat 12.421741° Long 76.634904 at 12.421741° Long 76.634931° 02/03/2025 06:14 PM GMT +05:30 Goo 02/03/2025 06:41 PM GMT +05:30

On 2nd March 2025 at 5:30 PM in Karekura village, a special lecture was conducted by KS Vishvanath from Basavamarga Foundation, Mysore. The topic of the lecture was "Awareness on Deaddiction Among Youths." The session aimed to educate the young audience about the harmful effects of addiction and ways to overcome it, promoting a healthier and addiction-free lifestyle.



Sharyl Jhon and team conducted a series of cultural activities in Karekura village as part of the NSS camp. The performances showcased a variety of traditional and modern art forms, providing entertainment and promoting cultural appreciation among the villagers and participants. The event fostered community bonding and highlighted the richness of diverse cultural expressions.

#### **DAY-03**

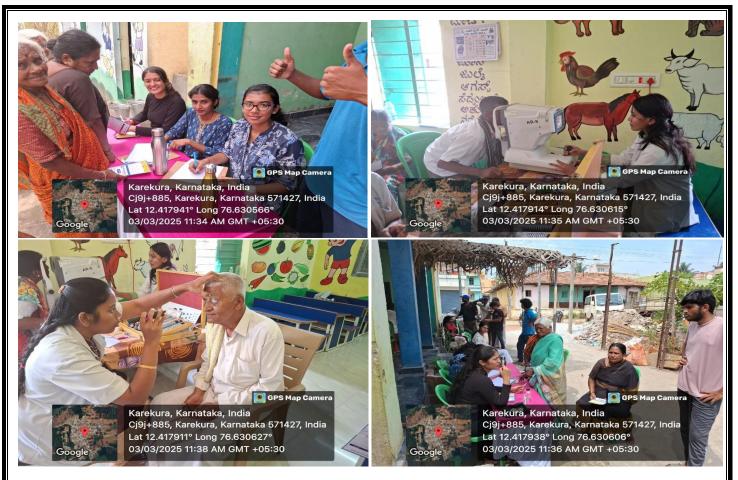


On 3nd March 2025 at 7:00 AM in Karekura village, Angeline Francis Mary, Physical Director. conducted a yoga training session for the NSS volunteers. The training focused on promoting physical and mental well-being among the participants.



On 3rd March 2025 At 9 AM, NSS volunteers engaged in Shramadhan activities by cleaning the Shri Ram Temple in Karekura village. This initiative was aimed at maintaining the cleanliness and sanctity of the temple, while also fostering a sense of responsibility and devotion among the volunteers. The activity highlighted the importance of community service and the preservation of cultural heritage





On 3rd March 2025 at 11:00 AM in Karekura village, an Eye Checkup Camp was held in association with ASG Eye Hospital, Mysore. The camp was inaugurated by Sri Girish, Managing Director of Loyne's Jeevadhara Center, Mysore, with Dr. Raghu from ASG Eye Hospital as the chief guest. Over 100 villagers benefited from the free eye screenings and consultations provided during the camp, promoting eye health and early detection of vision-related issues.

#### Program: Special lecture Date: 03. 03. 2025

Place: Karekura village Time: 05: 30 PM



On 3rd March 2025 at 5:30 PM in Karekura village, a special lecture on Mental Health was conducted by Ms. Adhina Babu and Ms. Tarula, Assistant Professors from DE PAUL College. The session focused on raising awareness about mental health issues, stress management, and the importance of emotional well-being. The lecture aimed to educate the community on maintaining a healthy mind and seeking help when needed, especially for the youth.

#### **DAY-04**

Program: Yoga and Desi games Date: 04. 03. 2025

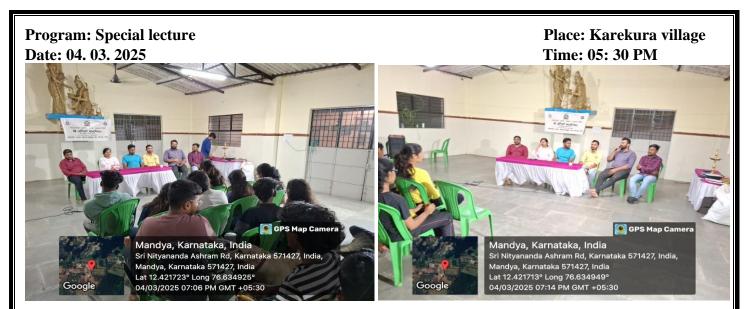
Place: Karekura village Time: 07: 00 AM



On 4th March 2025 at 7:00 AM in Karekura village, NSS volunteers and local participants engaged in Desi Games, celebrating traditional Indian sports and activities. The games fostered a spirit of camaraderie, teamwork, and physical fitness, while also promoting the preservation of local cultural heritage. The event brought the community together through fun and active participation.



On 4th March 2025 at 11:00 AM in Karekura village, a General Checkup Camp was organized in association with Spandana Hospital, Mysore. The camp was inaugurated by Dr. Avinash from Spandana Hospital as the chief guest. More than 100 villagers benefited from the free health checkups and medicines provided, promoting overall health awareness and well-being in the community.



On 4th March 2025 at 5:30 PM in Karekura village, a special lecture on Legal Awareness Among Youths was conducted by Anthony Freddy S, Advocate. The session aimed to educate young people about their legal rights, responsibilities, and the importance of understanding the law. The lecture emphasized the need for legal awareness to ensure informed decision-making and to promote a law-abiding community.



Cultural team conducted a series of cultural activities in Karekura village as part of the NSS camp. The performances showcased a variety of traditional and modern art forms, providing entertainment and promoting cultural appreciation among the villagers and participants. The event fostered community bonding and highlighted the richness of diverse cultural expressions.

### DAY- 05 Program: Yoga and Desi games Tat: 05: 03: 2025 The other other other The other other The other other The other other The other other other other other The other oth

On 5th March 2025 at 7:00 AM in Karekura village, NSS volunteers participated in a session of Yoga and Desi Games. The yoga session focused on enhancing physical flexibility and mental calmness, while the traditional Indian games encouraged teamwork, physical fitness, and cultural connection. The event provided a balanced mix of wellness activities and cultural engagement for all participants.

Program: Temple cleaning Date: 05. 03. 2025

Place: Karekura village Time: 09: 00 AM



On 5<sup>th</sup> March 2025 at 9:00 AM in Karekura village, NSS volunteers carried out a Temple Cleaning activity as part of the Swachata Program. The initiative focused on maintaining the cleanliness and sanctity of the temple premises, promoting hygiene and community involvement in keeping public spaces clean. This activity reinforced the importance of cleanliness in both spiritual and everyday life.

#### Program: Special lecture Date: 05. 03. 2025

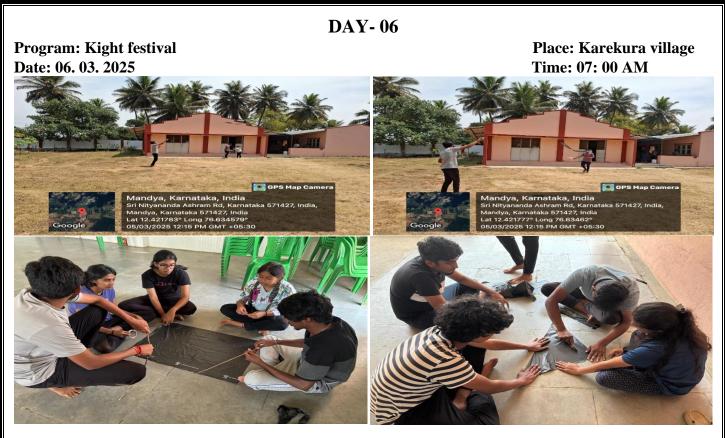
#### Place: Karekura village Time: 05: 30 PM



On 5th March 2025 at 5:30 PM in Karekura village, a **special lecture** on the **Role of Youth in Building the Nation** was delivered by **Dr. Rajesh MK**, Assistant Professor, Department of Kannada, Sri Vijaya College, Pandavapura. The event was graced by **Dr. Lankesh Devan**, Assistant Professor, Department of Kannada, DE PAUL College, Mandya, as the chief guest. Dr. Rajesh emphasized the significant role of youth in nationbuilding through active participation in social and developmental initiatives. Dr. Lankesh Devan highlighted the importance of education and responsibility in shaping the future of the nation.



Thaniya Chittiyappa and team team conducted a series of cultural activities in Karekura village as part of the NSS camp. The performances showcased a variety of traditional and modern art forms, providing entertainment and promoting cultural appreciation among the villagers and participants. The event fostered community bonding and highlighted the richness of diverse cultural expressions.



On 6th March 2025 at 7:00 AM in Karekura village, the Kite Festival was celebrated with great enthusiasm. NSS volunteers and villagers participated in flying kites, creating a vibrant and festive atmosphere. The event encouraged community bonding and showcased traditional fun while promoting outdoor activities and cultural heritage

Program: Vanamahotsava Date: 06. 03. 2025 Place: Karekura village Time: 09: 00 AM





On 6th March 2025 at 9:00 AM in Karekura village, a Vanamahotsava event was organized, during which 25 trees were planted by NSS volunteers and villagers. The tree plantation drive aimed to promote environmental conservation and enhance greenery in the village. This initiative fostered environmental awareness among the participants and encouraged community involvement in preserving nature. The event was a meaningful step towards creating a more sustainable and eco-friendlier environment in the village.

Program: Special lecture Date: 06. 03. 2025 Place: Karekura village Time: 05: 30 PM



On 6th March 2025 at 5:30 PM in Karekura village, a special lecture on Cyber Crime was delivered by Roach Libya Rani, Assistant Professor, Department of Computer Applications, DE PAUL College, Mandya. The session focused on raising awareness about the dangers of cybercrime, online safety, and preventive measures to protect personal information in the digital age. The lecture emphasized the importance of staying vigilant and informed to ensure cybersecurity, especially among the youth.



On 7th March 2025 at 7:00 AM in Karekura village, NSS volunteers participated in a session of Yoga and Desi Games. The yoga session focused on promoting physical health and mental well-being, while the traditional Indian games fostered teamwork, physical activity, and a connection to cultural roots. The event provided a perfect blend of fitness and fun, encouraging active participation from all.

Program: Validatory Program Date: 07. 03. 2025 Place: Karekura village Time: 010: 00 AM





On 7th March 2025 at 10:00 AM in Karekura village, the **Valedictory Program** for the NSS camp was conducted with great enthusiasm. The event was presided over by **Rev. Father Baiju Antony CM**, Principal of DE PAUL College, Mandya, who delivered the **presidential address**. He commended the NSS volunteers for their dedication throughout the camp and emphasized the importance of service to the community, stating that such initiatives instill values of empathy, leadership, and responsibility among the youth.

The program was inaugurated by **Rev. Father Sijo Antony CM**, Dean of DE PAUL College, Mandya. In his speech, he appreciated the collaborative efforts of the volunteers, the faculty, and the villagers. He encouraged the students to continue contributing to society, highlighting the significance of selfless service in shaping the future of the nation.

**Prof. Joshy P J**, HOD, Department of Management, addressed the gathering by expressing his admiration for the efforts put in by the volunteers. He spoke about the role of young people in community development and encouraged them to use the skills and values learned during the camp to bring about positive change in society.

**Dr. Licy K. C**, HOD, Department of Commerce, focused on the importance of social responsibility and how such camps help students to build a sense of community and teamwork. She praised the success of the camp and motivated the students to carry forward the spirit of service into their professional lives.

**Mr. Naharaje Gowda** and **Mr. Kalegowda Somwnna**, Heads of Karekura village, also addressed the gathering, thanking the NSS team for their contributions to the village. They expressed their gratitude for the various activities undertaken during the camp, including the cleanliness drives, health camps, and awareness programs, which had a lasting impact on the community. They urged the volunteers to continue their good work and assured them of the village's support in future initiatives.

**Mr. Ajay M**, the NSS Programme Officer, emphasized the importance of social service in shaping responsible citizens and thanked the volunteers for their commitment to making a positive difference. He also acknowledged the support of the college administration, the village heads, and the local community in ensuring the camp's success. In his concluding remarks, he encouraged the students to carry forward the lessons of teamwork, compassion, and leadership gained from the camp into their future endeavors.

The NSS Special Annual Village Camp held at Karekura village from 1st to 7th March 2025 was a resounding success, marked by a week of impactful social service and community-building activities. Throughout the camp, NSS volunteers engaged in a variety of programs, including cleanliness drives, tree plantation (Vanamahotsava), yoga sessions, desi games, health check-up camps, and special lectures on topics such as legal awareness, cybercrime, mental health, and youth empowerment.

The camp fostered strong connections between the volunteers and the local villagers, with over 100 villagers benefiting from the **health camps** and many more participating in awareness programs and cultural activities. The **Swachata programs**, such as the **cleaning of Shri Ram Temple**, promoted the value of cleanliness and hygiene, while tree plantation efforts helped raise environmental awareness. The participation of village heads, community members, and faculty from **DE PAUL College**, Mandya, provided guidance and support, ensuring the smooth conduct of all activities.

The camp concluded with the Valedictory Program, where speeches from dignitaries such as **Rev. Father Baiju Antony CM**, **Rev. Father Sijo Antony CM**, and **NSS Programme Officer Mr. Ajay M** inspired the volunteers to carry forward the values of service, teamwork, and responsibility. The contributions of the NSS volunteers made a lasting impact on the village, leaving behind not only tangible improvements in the community but also a sense of unity and purpose.

In conclusion, the NSS camp was a testament to the power of youth involvement in social development. It not only provided the volunteers with hands-on experience in community service but also empowered the villagers with knowledge and resources. The camp reinforced the core values of the NSS motto, "Not Me, But You," instilling a sense of social responsibility among the participants. The successful completion of the camp marked a positive step towards building a better, more cohesive, and socially aware society.

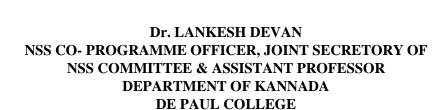
NSS Program officer Mr. AJAY. M Principal Rv. Father Dr. Baiju Antony CM

#### MEMBERS OF NSS COMMITTEE, DEPUAL COLLEGE









RV. FATHER DR. BAIJU ANTONY CM PRINCIPAL & CHAIRMEN OF NSS COMMITTEE DE PAUL COLLEGE

Mr. AJAY M PROGRAMME OFFICER, CAMP OFFICER, SECRETORY OF NSS COMMITTEE & ASSISTANT PROFESSOR DEPARTMENT OF COMMERCE & MANAGEMENT DE PAUL COLLEGE

Ms. ANGELINE FRANCIS MARY. R PHYSICAL DIRECTOR, FACULTY MEMBER OF NSS COMMITTEE & ASSISTANT CAMP OFFICER DE PAUL COLLEGE

#### **STUDENT MEMBERS**

Mr. Channa Reddy, III-year BCA, President of NSS club, De Paul college.

Mr. Rakshith Gowda, II-year B.com, Vice - President of NSS club, De Paul college.

Harshavardan GR, III-year BBA, secretory, of NSS club, De Paul college.

#### NOT ME BUT YOU

The phrase "Not Me But You" is the motto of the National Service Scheme (NSS). It reflects the essence of democratic living and emphasizes the spirit of selfless service. The idea is that the welfare of an individual is ultimately linked to the welfare of society, and service to others should come before personal interests.

#### NSS UNIT, DE PAUL COLLEGE - HEARTFELT GRATITUDE

The NSS Unit of De Paul College extends its sincere thanks to the Management, Teaching and Non-Teaching Staff, and Students for their invaluable support and cooperation in making our One-Week NSS Annual Village Camp a grand success. Your encouragement, active participation, and dedication played a crucial role in the smooth execution of our camp activities, helping us uphold the NSS motto – "Not Me But You" – through meaningful community service