



DE PAUL NEWS

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Principal's message

Skills to Build

The World Youth Skills Day celebrates the energy, creativity, and potential of young people who are shaping the future human society. It reminds the importance of equipping youth with the right knowledge, values, and skills to thrive in an ever-changing world. In a rapidly evolving global landscape, skill development is the key to transforming challenges into opportunities. Every community must encourage youth to embrace lifelong learning, innovation, and ethical responsibility. We must create leaders who are not only competent professionals but also compassionate human beings.

At De Paul College, we believe that true education extends beyond classrooms. Programmes from Clubs and outcome based educational approaches seek to empower students with critical thinking, adaptability, communication, leadership, and technological expertise. By nurturing these skills, we prepare our learners not only for careers but also for meaningful contributions to society. This World Youth Skills Day reaffirms our mission to enlighten minds, empower society, and emerge as a generation prepared to build a brighter, more sustainable future.

World Environment Day

On 5th June 2025, De Paul College observed World Environment Day with great enthusiasm and a strong commitment to environmental sustainability. The college community came together to mark the occasion with a tree-planting drive aimed at promoting awareness about environmental protection and encouraging eco-friendly practices among students and staff.

World Environment Day 2025 was observed globally with the theme "Land Restoration, Desertification and Drought Resilience." Aligning with this theme, De Paul College took the initiative to instill the importance of nurturing green spaces and restoring natural balance by engaging students in planting saplings within the campus premises.

Dean's message

Dear Students and Esteemed Staff,

As we move forward into another productive month at our college, I would like to take a moment to address a topic of profound relevance—mental well-being and the power of resilience. In the demanding field of academia, where high expectations and constant performance pressure are our daily companions, understanding and nurturing mental health is not merely important—it's essential.

Resilience, often described as the ability to adapt positively in the face of challenges and adversity, lies at the heart of a healthy psychological outlook. It is a trait that can be cultivated, regardless of age or background, and it benefits not only individual well-being but also strengthens our community as a whole. For students, resilience means bouncing back from academic setbacks, adjusting to unfamiliar environments, and maintaining motivation through difficult times. For faculty and staff, it is about managing workload, balancing personal and professional responsibilities, and providing unwavering support to students.

The ongoing challenges that come with examinations, academic deadlines, and even personal issues can sometimes feel overwhelming. Recognizing this, it is vital that we create supportive environments where vulnerability is not shamed but seen as an opportunity for growth. Our college is committed to nurturing not only academic brilliance but also the psychological well-being of every member of our community. I urge you all to take advantage of counseling services, workshops, and support groups that are available. Remember that seeking help is a sign of strength, not weakness.

Let us, together, champion the cause of mental health—learning, growing, and uplifting one another as resilient individuals. With compassion as our core value, we can transform challenges into stepping stones for personal and collective growth.

Wishing you all a month filled with resilience, compassion, and positivity

Dr. Shijo Antony CM

